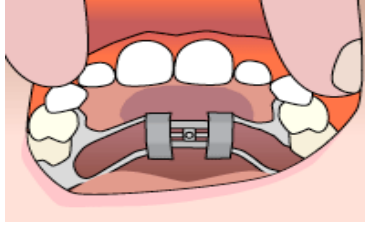


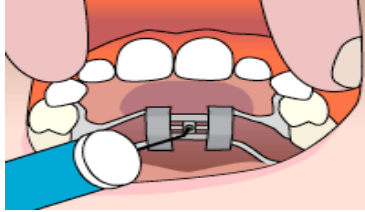


## Rapid Palatal Expander (RPE)

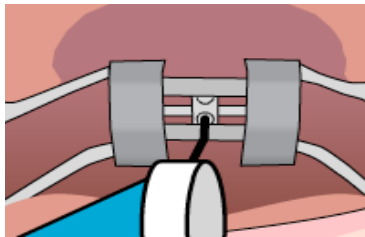
### How to Turn Your RPE



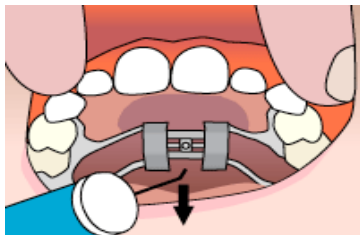
**Step 1:** Tip the patient's head back in a well lit area. It is helpful to use a small mirror.



**Step 2:** Place the key in the hole until it is firmly in place.



**Step 3:** Push the key towards the back of the mouth, you will notice the fender will rotate and the new hole will appear. The rotation stops when the key meets the back of the expander.



**Step 4:** By pushing the handle down and towards the tongue, slowly remove the key. The next hole for the insertion should now be visible.

### How to care for your expander!

You will need a [Water Pik](#) to help you take care of your expander. This will help clean the areas around the appliance that are missed when brushing and flossing. Make sure to read the instructions that come with your Water Pik. Begin by filling the cartridge of water with mouth wash. Use the small tip of the pick to help keep your appliance clean. **ALWAYS** follow with brushing and flossing.

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